

55th Annual Conference of NUTRITION SOCIETY OF INDIA

25–26 November, 2023

Pre-conference workshops on 24th November, 2023

Venue: ICMR-National Institute of Nutrition (ICMR-NIN), Hyderabad

WORKSHOP I

Nutrient Requirements and Adequacy: Recommended Dietary Allowances (RDA) & Estimated Average Requirements (EAR)

Moderated by: Dr. Radhika M & Dr. Raja Sriswan

Venue: Assembly Hall

Time: 9:30 am – 4:00 pm

Time	Topic	
9:30 – 9:45 am	Welcome and Inaugural address	Dr. R. Hemalatha Director, ICMR-NIN President, NSI Dr. A.Laxmaiah Organising Secretary & Secretary, NSI
9:45 – 10:15 am	Key note address on “EAR & RDA 2020 for Indian population”	Dr. R. Hemalatha Director, ICMR-NIN President, NSI
10:15 – 11:00 am	Basics of nutrient adequacy using EAR cut point method and Probability of adequacy	Dr. Balakrishna.N, (Rtd.Deputy Director), ICMR-NIN
11:00 – 11:15 am	Tea break	
11:15 – 11:45 am	Role of diet surveys in accurately estimating nutrient adequacy	Dr. Raja Sriswan Scientist D, ICMR-NIN
11:45 – 12:15 pm	Meal planning for General community	Dr Janaki Srinath, EC member, NSI
12.45 – 1:00 pm	Meal planning for special cases	Dr.Venkatesh, Scientist-E, ICMR-NIN
1.00 – 2.00 pm	Lunch	
2:00 – 2:45 pm	Practical demonstration on EAR cut point method for assessing nutrient adequacy.	Dr. Raghavendra., Scientist-B / Dr. Karthikeyan Scientist – B, ICMR-NIN
2:45 – 3:30 pm	Practical demonstration on probability of adequacy	Dr. Balakrishna.N, (Rtd.Deputy Director), ICMR-NIN
3.30 pm – 3.45 pm	Tea Break	
3.45 pm – 3.55 pm	Q & A	Dr. Raja Sriswan Scientist D, ICMR-NIN & Dr.Radhika.M. Scientist ‘E’, ICMR-NIN
3.55 pm – 4.00 pm	Vote of Thanks	

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WORKSHOP - II

Nutrition Survey Methods: Dietary recall, anthropometry, biochemical assessment and clinical examination

Moderated by: Dr.N.Arlappa & Dr.Hemant Mahajan

Venue: Conference Hall

Time: 9:30 am – 4:00 pm

Time	Topic	Resource person
9:30 – 9:45 am	Welcome and Inaugural address	Dr. R. Hemalatha Director, ICMR-NIN President, NSI Dr. A.Laxmaiah Organising Secretary & Secretary, NSI
09:45 -10:00 am	Key note address on “Burden of Malnutrition in India”	Dr. A. Laxmaiah Organizing Secretary Former Scientist 'G' & Head, Public Health Nutrition, ICMR-National Institute of Nutrition
10:00 – 10:30 am	Importance of Anthropometry, Biochemical (laboratory), Clinical examination, and Diet data in Nutrition survey	Dr. Samarasimha Reddy Scientist 'E', Clinical Epidemiology, ICMR-National Institute of Nutrition Dr. Hemant Mahajan Scientist 'D', Public Health Nutrition, ICMR-National Institute of Nutrition
10:30 am -11:00 am	Research Methodology and Development of Research Protocols in Nutrition	Dr Sai Ram C Scientist 'E' & Head, Maternal & Child Health Nutrition, ICMR-National Institute of Nutrition
11.00 am – 11.15 am	Tea break	
11.15 am – 11.45 am	The Art of Anthropometry	Dr. Raghavendra P Scientist 'C', Public Health Nutrition, ICMR-National Institute of Nutrition
11.45 am – 12.30 pm	Clinical features of Nutrients' Deficiency	Dr. A. Arlappa Scientist 'G' & Head, Public Health Nutrition, ICMR-National Institute of Nutrition
12.30 – 1.00 pm	Dietary Methods in Nutrition Survey	Ms.Neeraja Technical Officer: Dietetics Public Health Nutrition, ICMR-National Institute of Nutrition
1.00 pm – 2.00 pm	Lunch Break	

2:00 -2:45 pm	Anthropometry measurements Demonstration	Dr. Raghavendra P Scientist 'C', Public Health Nutrition, ICMR-National Institute of Nutrition Mr. Sreeramakrishna Technical Officer - A, Public Health Nutrition, ICMR-National Institute of Nutrition
2.45 pm - 3.30 pm	Diet assessment Demonstration	Ms. Neeraja Technical Officer: Dietetics Public Health Nutrition, ICMR-National Institute of Nutrition
3.30 pm – 3.45 pm	Tea Break	
3.45 pm – 3.55 pm	Q & A	Dr. A. Arlappa Scientist 'G' & Head, Public Health Nutrition, ICMR-National Institute of Nutrition Dr. Hemant Mahajan Scientist 'D', Public Health Nutrition, ICMR-National Institute of Nutrition
3.55 pm – 4.00 pm	Vote of Thanks	

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Venue: ICMR-National Institute of Nutrition, Hyderabad

Theme: *Nutricereals for one health*

PROGRAMME

Venue: Auditorium

Date: 25th November 2023

Breakfast	7:30 – 8:30 am
Registration	8:00 – 9:00 am
9:00 - 10:00 am Inauguration of conference	
9:00 - 9:15 am	Welcome and Secretary report by Dr. Avula Laxmaiah , Organizing Secretary, NSI (Retd. Scientist G, ICMR-NIN)
9:15 - 9:20 am	Remarks by Immediate Past President, Dr. B. Sesikeran (Former Director, ICMR-NIN)
9:20 - 9:30 am	Presidential address by Dr. R. Hemalatha (Director, ICMR-NIN)
9:30 - 9:35 am	RELEASE OF SOUVENIR BOOK
9:35 - 09:55 am	Keynote address by Guest of Honour Dr. Neelam Patel, Senior Adviser, Government of India, NITI Aayog, New Delhi
09:55 - 10:00 am	Vote of thanks by Dr. B. Dinesh Kumar , Vice President, NSI (Retd Scientist G, ICMR-NIN)
10:00 – 11:00 am Debate: “Can additional taxation on HFSS foods bring down NCDs in India?” Moderator Dr.Anura V Kurpad Prof. Dept. of Physiology, St John's Medical College, Bangalore & Past President, NSI	
10:00 - 10:10 am	Flagging of issues by the moderator
10:10 - 10:50 am	For the Motion Speaker 1: Dr. Rijo M John , Associate professor, Ragagiri College of Social Sciences, Kochi, Kerala, Research Consultant (Health Economics & Public Health Policy), Ernakulam, Kerala, India. Speaker 1: To be confirmed

	Against the Motion Speaker 1: Arpita Mukherjee , Professor, Indian Council for Research on International Economic Relations (ICRIER) New Delhi, India Speaker 2: To be confirmed	
10:50 - 11:00 am	Discussion	
11:00 - 11:30 am	Inauguration of Stalls & POSTER SESSION – I & TEA	
11:30 - 12:15 pm 35th Dr. S.G. SRIKANTIA MEMORIAL LECTURE AWARD On “Micronutrient deficiencies are affecting cognitive functioning of school going children in India” by Dr. Shally Awasthi Professor, Department of Paediatrics King George’s Medical University Lucknow, Uttar Pradesh		
12:15 – 1:15 pm INDUSTRIAL SESSION (Parallel Sessions – Executive Committee Meeting)		
12:15 - 12:30 pm		EXECUTIVE COMMITTEE MEETING Venue: Conference Hall
12:30 - 12:45 pm		
12:45 - 1:00 pm		
1:00 - 1:15 pm		
1:15 - 2:00 pm	LUNCH	
2:00 – 3:30 pm Young Scientist Award Session (Experimental Nutrition) (Parallel Sessions – Free communications - Oral Presentations -Session-I) & POSTER SESSION – II		
2:00 - 3:30 pm	Young Scientist Award session (Experimental Nutrition) <ul style="list-style-type: none"> • Junior • Senior 	Free communications - Oral Presentations-Session-I <ul style="list-style-type: none"> • Community Nutrition-I • Experimental Nutrition • Food Science & Nutrition-I • Nutrition Education & Communication
3:30 - 3:45 pm	TEA	

<p>3:45 - 5:15 pm</p> <p>Panel discussion on "Health Benefits of Millets"</p> <p>Moderator: Dr. B Dayakar Rao, Principal Scientist, ICAR-Indian Institute of Millets Research (IIMR) Chair: Dr (Mrs) C Tara Satyavathi, Indian Institute of Millets Research, Hyderabad Co-chair: Dr. Raj Bhandari, Member, National Millets Task Force, Government of India, New Delhi</p>	
4.00 – 5.00 pm	<p>Dr. Devraj JP Scientist D, Division of Clinical Epidemiology ICMR-National Institute of Nutrition, Hyderabad</p>
	<p>Dr. Rebecca Kuriyan Raj Professor, Department of Physiology, St John's Medical College Bangalore</p>
	<p>Prof Faraz Farishta Director of FS Endocrine & Diabetic Centers Consultant Care Hospital</p>
	<p>Mr. Anand K Kadali Managing Trustee, Annapoorna Trust</p>
	To be confirmed
5:00 - 5:15 pm	Discussion
5:15 - 6:15 pm	HIGH TEA
<p>6:30 - 7:30 pm</p> <p>47th GOPALAN MEMORIAL ORATION</p> <p>On "Decoding India's Nutrition Puzzle: Some Options for Future" By Prof. Ramesh Chand Member, NITI Aayog, New Delhi</p>	
7:30 - 8:30 pm	Cultural activities and followed by dinner

Venue: Auditorium

Date: 26th November 2023

<p>8:30 - 9:30 am</p> <p>NSI Annual General Body Meeting</p>		
<p>9:30 am – 11:00 am</p> <p>Young scientist Award (Community Nutrition) / Parallel Sessions – Oral Presentations - II/ POSTER SESSION – III</p>		
9:30 - 11:00 am	<p>Young scientist Award session (Community Nutrition)</p> <ul style="list-style-type: none"> • Junior Award • Senior Award 	<p>Free communications - Oral Presentations-Session-II</p> <ul style="list-style-type: none"> • Community Nutrition • Clinical Nutrition • Food Science & Nutrition

		• Nutrition & Health Policy Research and Sports Nutrition
11:00 - 11:15 am	TEA	
<p style="text-align: center;">11:15 – 12:00 noon 14th DR. RAJAMMAL P DEVADAS MEMORIAL AWARD LECTURE by Dr. Sridevi Annapurna Singh Director, CSIR-Central Food Technological Research Institute Mysuru</p>		
<p style="text-align: center;">12:00 - 12:10 pm PRESENTATION OF 10th DR. B.K. ANAND MEMORIAL AWARD to Dr. Ramesh Bijlani Ex Prof of Physiology AllMS, New Delhi</p>		
<p style="text-align: center;">12:10 – 1:30 pm Symposium on “SYMPOSIUM - “Sustainable Food Systems for One Health”</p>		
12:10 - 12:30 pm	Prof Bhavani Shankar Institute of Sustainable Food, University of Sheffield Sheffield, United Kingdom	
12:30 -12:50 pm	Prof Suneetha Kadiyala Professor of Global Nutrition London School of Hygiene and Tropical Medicine, London, UK	
12:50 - 1:10 pm	Dr. Sai Ram Challa, Scientist E & Head, Division of MCHN, ICMR-NIN	
1:10 - 1:30 pm	Dr. Ananthan Scientist E, Food chemistry Division, ICMR-NIN	
1:30 - 2:30 pm	Lunch	
<p style="text-align: center;">2:30 – 3:30 pm Concluding Ceremony</p>		
3:30 pm onwards	TEA	