

57th Annual Conference of



NUTRITION SOCIETY OF INDIA



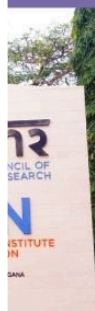
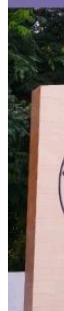
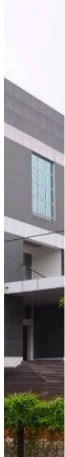
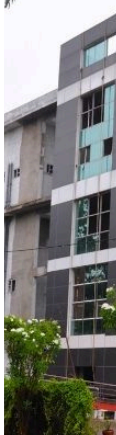
November 14 & 15 2025
Pre-Conference Workshop: 13 November 2025



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INDIAN COUNCIL OF
MEDICAL RESEARCH

NIN
NATIONAL INSTITUTE
OF NUTRITION

**Venue: ICMR - National Institute of Nutrition
Beside Tarnaka Metro Station,
Jamai-Osmania PO, Hyderabad-500 007, India**



FROM THE DESK OF ORGANIZING COMMITTEE

Dear colleagues and friends,

The Nutrition Society of India (NSI) is the largest organization of nutrition scientists in India with more than 6000 members. The Society holds an annual conference at the National level. Dr.C.Gopalan, the father figure of Nutrition Research in India is the Founder President of NSI.

The Executive Committee of the Nutrition Society of India is pleased to announce the 57th Annual Conference of NSI scheduled to be organized at the ICMR-National Institute of Nutrition, Hyderabad between 14th-15th November, 2025 along with three pre-conference workshops on 13th November 2025. The theme for this year's National Conference is "Suposhit Bharat for a Viksit Bharat".

ABOUT THE THEME & CONFERENCE:

Warm greetings to all our fellow members, colleagues and students. It is time for 57th Annual Conference. After a successful Annual Conference at Symbiosis International (Deemed University), Pune last year with the theme, 'Transdisciplinary Approaches in Addressing Nutrition Challenges', this year we take a step forward in the same direction to address how nutrition can be an important driver in our nation's vision of Viksit Bharat@2047 with the theme "Suposhit Bharat for a Viksit Bharat" (Well Nourished India for a Developed India).

The 'Viksit Bharat @2047' Initiative envisions India as a developed nation by the centenary of its independence in 2047. This transformative roadmap emphasizes inclusive development, sustainable progress, and effective governance. Nutrition will play a central role in achieving this vision.

Nutrition is key to the development of every person, starting from preconception, to birth, and through the entire life cycle. Therefore, it contributes to the development of the society and the country both directly and indirectly. In fact, good nutrition is both an outcome of and a means to development. Nutritional status of a population is the single best reliable marker to assess the development of a nation as it reflects the living conditions of its populace. Thus for a Viksit Bharat (developed India), we need to achieve a Suposhit Bharat (well-nourished India) and vice versa. If the Viksit Bharat vision helps driving the basic and underlying causes of income poverty in an upward direction, a Suposhit Bharat can allow the population to be alive and thriving in mind, body and soul for achieving their full biological potential. The agenda for one is also the agenda for another.

As India stands at a pivotal moment in its journey forward, we are still witnessing the problems of undernutrition, albeit witnessing a decline not commensurate with the efforts that have been put in by supplementary nutrition programs. The worrying figures of 35.5% of stunting, 19.3% of wasting, and 67% of anaemia among children under 5, as well as 57% of

women, are all deep-rooted in lack of dietary diversity and changing food environments. The power of strategic action, fortified foods, better food environments, community-driven solutions, and many success stories offer a glimpse into the transformative impact, but they have to be mainstreamed, discussed and upscaled. On the other hand, there is a rising trend in overweight, obesity and diet related non-communicable diseases in all age groups of population which appears to be even more challenging to address. The agenda for Suposhit Bharat should therefore take into account both forms of malnutrition and approach the problem from both ends of spectrum.

Although national level per capita expenditure data shows that Indians are spending less on cereals and a little more on fruit, vegetable and milk than a decade ago, we need more evidence on its impact on nutritional status. As India awaits the outcomes of the national level surveys - ICMR-NIN's SAMPADA study and NFHS-VI to understand the nutritional status of populace around the country, we as a community of nutrition enthusiasts have new areas to explore, newer domains to conquer and novel innovations to unveil.

Suposhit Bharat is not just about combating malnutrition - it is also about laying the foundation for Viksit Bharat - a developed, resilient India. The Nutrition Society of India's Conference theme, "Suposhit Bharat for a Viksit Bharat," underscores this critical link: a nourished India is a developed India. It is a call to action for all stakeholders to collaborate in building a healthier, stronger, and more vibrant nation - where every citizen thrives, and India's true potential shines on the global stage.

This year also is the year of 50 years of introduction of ICDS by the Government of India. Over the last 50 years of development in India, we are close to eliminating severe forms of malnutrition and have reduced overall undernutrition by nearly half. Twenty years ago, National Family Health Survey (2006) reported half of the children under 5 were undernourished in India, now this

figure is one third in 2019 by the same national survey. We are thus hopeful that the positive shift in undernutrition will eliminate all forms of undernutrition among the vulnerable population by 2047.

The conference begins with a keynote on the theme. The symposium on “Suposhit Bharat for Viksit Bharat- Nutrition solutions for a Healthier future” will bring together experts from various domains to tackle the triple burden of malnutrition.

The panel discussion on “50 years of ICDS - Lessons and Opportunities” will bring about an insightful discussion from policy makers, nutrition researchers and other domain experts to achieve the dreams of Vikasit Bharat. The debate on “Global Vs Indigenous Growth Standards for Children” will further add to the deliberations.



ABOUT THIS YEAR'S CONFERENCE

The Conference aims to draw participation from diverse groups like nutritionists, researchers, scientists, dieticians, students, teachers, clinicians and industry. The regular features like plenary sessions, award sessions, free communications, poster sessions, and most importantly, the Orations will continue to attract not only the nutrition fraternity but also academics, policy makers, implementers, practitioners and researchers. We look forward to your active participation and being a stakeholder in driving the change that can only happen with active participation. The pre-conference workshops will help develop capacity building for the youth that enable Suposhit Bharat and Viksit Bharat by 2047.

HIGHLIGHTS OF THE CONFERENCE (VISIT NSI CONFERENCE WEBSITE FOR UPDATED PROGRAMME):

- ✦ The 49th Dr. Gopalan Oration
- ✦ The 37th Dr. Srikanth Memorial Award Lecture
- ✦ The 16th Dr. Rajammal P Devadas Memorial Award Lecture
- ✦ Plenary on “Suposhit Bharat for a Viksit Bharat – Nutrition Solutions for a Healthier Future”
- ✦ Debate on “Global vs Indigenous Growth Standards for Children”
- ✦ Panel discussion on “50 Years of ICDS – Lessons and Opportunities”
- ✦ Junior & Senior Young Scientists Award Sessions
- ✦ Free Communication Sessions - Oral and Poster presentations
- ✦ Exhibition - Food industry / Analytical equipment



PRE-CONFERENCE WORKSHOPS (Parallel Session) (on 13th November 2025):

Workshop 1 Dietary Data Collection Methods

Workshop 2 Infant and Young Child Feeding (IYCF) and Lactation Management

Workshop 3 Analytical Techniques in Nutrition Research (limited to 30 delegates)

REGISTRATION FEE

Main Conference

Before 30-09-2025

After 30-09-2025

Student Members	Rs. 1200-00	Rs. 1300-00
Student non-members	Rs. 1400-00	Rs. 1600-00
Members	Rs. 2000-00	Rs. 2200-00
Non-members	Rs. 2500-00	Rs. 3000-00
Southeast Asian Countries/ SAARC Countries	US\$ 50	US\$ 55
Foreign delegates	US\$ 200	US\$ 250

Pre-conference workshop

Workshop-I/II/III - Students	Rs. 1000-00	Not accepted
- Others	Rs. 1200-00	Not accepted

Online Registration

- Submit your registration & accommodation forms online at www.nsi-aicon.com
- Please read all instructions carefully before submitting your forms
- Last date for registration without late fee: 30th September 2025

Call For Abstracts for Oral & Poster Presentation

- Abstracts must be submitted online only
- Hard copies will not be accepted
- Carefully read the guidelines on the website before submission
- Submit your abstracts via the online form at www.nsi-aicon.com
- Deadline for abstract submission: 31st August 2025

Call for Full Paper for Young Scientist Award Sessions

- Please read the criteria and submission guidelines available on the website before sending your paper
- HARDCOPY (1 copy) of the full paper should be sent by post to the Organizing Secretary
- The abstract must be submitted online at www.nsi-aicon.com
- A soft copy (without author details) of the full paper should be emailed to: nsihyderabad@yahoo.com
- Submission deadline: 31st August 2025

Important dates

**AUG
31**

Abstract Submission (Online)

**AUG
31**

Full Paper Submission for Young Scientist Award

**SEP
30**

Registration for Main Conference (Without Late Fee)

**SEP
30**

Registration for Pre-Conference Workshop

ORGANIZING COMMITTEE

PRESIDENT



Dr. Sarath Gopalan

Senior Pediatric Gastroenterologist & Hepatologist
Madhukar Rainbow Children's Hospital
New Delhi

CONVENOR



Dr. Bharati Kulkarni

Ex-Officio, NSI & Director
ICMR-National Institute of Nutrition
Hyderabad

ORGANIZING SECRETARY



Dr. SubbaRao M. Gavaravarapu

Secretary, NSI & Scientist F
ICMR-National Institute of Nutrition
Hyderabad

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ICMR-National Institute of Nutrition
Hyderabad



Dr. G. Bhanuprakash Reddy

Vice-President, NSI & Scientist G
ICMR-National Institute of Nutrition
Hyderabad



Dr. Rajoo Singh Chhina

Vice-President, NSI & Director
Gastroenterology Fortis Hospital
Ludhiana



Dr. Pulkrit Mathur

Joint Secretary, NSI & Professor
Lady Irwin College
New Delhi



Dr. M. Raja Sriswan

Treasurer, NSI & Scientist D
ICMR-National Institute of Nutrition
Hyderabad

Sponsorship Details

Sr. No.	Sponsorship Category	Amount	Deliverables
1	Platinum Sponsor	8.0 lakhs	<ul style="list-style-type: none"> ● Presentation slot on stage - 10 min during the conference (as per the norms of the NSI) ● Stall at venue with size 18 sq. metres (6 metre x 3 metre) ● Full page advertisement (multi-colour) in the souvenir book of the conference ● Complimentary Delegate passes including meals (Qty 5) ● Two banner locations at the venue ● Logo presence in the exhibition space ● Social media coverage ● Insertions in Delegate kit
2	Gold sponsor	6.0 lakhs	<ul style="list-style-type: none"> ● Stall at venue with size 18 sq. metres (6 metre x 3 metre) ● Full page advertisement (multi-colour) in the souvenir book of the conference ● Complimentary Delegate passes including meals (Qty - 3) ● One banner location at the venue ● Insertion in Delegate kit ● Logo presence in the exhibition space ● Social media coverage
3	Silver Sponsor	4.0 lakhs	<ul style="list-style-type: none"> ● Stall at venue with size 9 sq. metres (3 metre x 3 metre) ● Full page advertisement (multi-colour) in the souvenir book of the conference ● Complimentary Delegate passes including meals (Qty - 2) ● One banner location at the venue ● Insertion in Delegate kit ● Logo presence in the exhibition space ● Social media coverage
4	Lunch Sponsor (2 nos)	3.0 lakhs	<ul style="list-style-type: none"> ● Logo of sponsor at conference venue & Lunch place ● Stall at venue with size 9 sq. metres (3 metre x 3 metre) ● Complimentary Delegate passes including meals (Qty - 2) ● Social media coverage ● Insertion in goodies in the delegate bag
5	Stall - big	1.0 lakhs	<ul style="list-style-type: none"> ● Stall at venue with size 18 sq. metres (6 metre x 3 metre) ● Complimentary Delegate passes including meals (Qty - 2)
6	Stall - small	0.5 lakhs	<ul style="list-style-type: none"> ● Stall at venue with size 9 sq. metres (3 metre x 3 metre) ● Complimentary Delegate passes including meals (Qty - 2)

About Nutrition Society of India

The Nutrition Society of India (NSI) established in 1967, is an association of nutrition professionals, researchers, public health practitioners, academics, program implementers, policymakers and students from India and abroad with more than 6000 members. Dr. C. Gopalan, the father figure of Nutrition Research in India, was the Founder President of NSI.

The society is dedicated to disseminating the results of the latest research in nutrition – basic and applied aspects, analysing the current status of nutrition programmes in the country and recommending appropriate strategies to promote nutrition in the community. The NSI, through its annual meetings, provides a forum for young scientists to present their research findings. NSI is the recognized Indian representative of the International Union of Nutritional Sciences (IUNS) through the adhering body, the Indian National Science Academy (INSA), and the Federation of Asian Nutrition Societies (FANS). NSI today has 27 active chapters spread through the length and breadth of the country. The Society holds an annual conference at the national level.

About the National Institute of Nutrition

The National Institute of Nutrition (NIN) is India's foremost nutrition research Institute working under the aegis of the Indian Council of Medical Research (ICMR), Ministry of Health and Family Welfare, Govt. of India. Since its inception in 1918, the ICMR - NIN has been contributing to a healthier and stronger India.

Through its contributions to research, policy, public health programmes and regulation, NIN strives to enable food and nutrition security to promote good health, growth, development and increased productivity of people. Today, NIN is a globally renowned entity in nutrition sciences. In order to achieve the vision of optimal nutrition for all, NIN's research vibrantly integrates laboratory, clinical and community research and takes a multi-disciplinary approach. NIN carries out problem oriented research to establish scientific solutions to nutrition problems confronting the country. NIN formulates Recommended Dietary Allowances for Indians and suggests the nutrient requirements for the people of different age and physiological groups. NIN's research was instrumental in design and implementation of national level supplementary nutrition programmes like ICDS, distribution of Iron Folic Acid tablets to pregnant women and the administration of vitamin A dose for children. NIN has determined and created a huge database of nutritive values of about 600 foods commonly consumed across the country. The institute also supports many state governments by evaluating their nutritional programmes and by constantly monitoring the nutritional status of people. NIN acts in an advisory role to national bodies like FSSAI, Codex – India, WCD and the Bureau of Indian Standards (BIS) in order to bring out science-based regulations.



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All conference-related correspondence
should be addressed to:

Dr. SubbaRao M. Gavaravarapu

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Conference website: www.nsi-aicon.com
NSI website: www.nutritionsofityindia.com